

Double Your Income and Tap into Your Brilliance

Hello, my name is Margaret Lynch author of Secret of Intentional Wealth.

I've found this funny thing can sometimes happen with entrepreneurs. They can be incredibly brilliant and intelligent and really skilled at what they do, but when it comes to their business finances, they say things to me like, "I don't even know if my business is profitable. I'm really bad with money." The funny thing is that I was an engineer and I took levels of calculus that you wouldn't imagine, and when I first opened my business, as soon as you put a dollar sign in front of a number, I panicked.

If this is a major conflict for you as a business owner, I'm going to show you some tapping on this limiting belief, because that's what it is, so you can become free to start growing yourself into the empowered money manager that your business needs you to be.

I want you to get a sense of how true this feels for you, and the statement is...

I'm really bad with money.

If you feel that you don't really know if your business is profitable, then this is a 10 for you. On a scale of 1-10, how true does that feel, and what's the feeling in it? Do you feel incompetent, inept, frustrated, scared, sad? This is really important for you to see, because although you may be really good at what you do, if the financial part of your business is giving you stress, you won't spend the time there and you won't bring all your brilliance to it that you need to.

Let's start tapping on this idea of, "I'm a really bad money manager.

Tapping on the karate chop point,

KARATE CHOP POINT:

Even though the truth is
I'm a really bad money manager,
I accept all of my feelings about this.

Even though when I think about my finances, I panic.
I feel inept, and I know I'll make a mistake.
I accept all my feelings about this.

Even though I'm just not that good with money,
I never have been...
Boy have I made mistakes in the past.
I accept all my limiting beliefs about this.

EYEBROW POINT:	I'm a really bad money manager.
SIDE OF THE EYE:	I'm an idiot when it comes to money.
UNDER THE EYE:	I hate doing the bills.
UNDER THE NOSE:	I hate looking at the numbers
CHIN POINT:	It makes me feel embarrassed.
COLLAR BONE:	I feel incompetent.
TOP OF THE HEAD:	It stresses me out.

EYEBROW POINT:	I panic around dollar signs.
SIDE OF THE EYE:	I have anxiety about looking at my finances.
UNDER THE EYE:	I'm totally stressed about it.
UNDER THE NOSE:	I hate doing it.
CHIN POINT:	I love procrastinating about it.
COLLAR BONE:	because I'm a really bad money manager.
TOP OF THE HEAD:	I'd rather just put my head down and work harder.

Take a nice, deep breath.

Notice how that resonated for you, because this is what I find a lot of people doing.

I want you to picture yourself there, sitting down to your finances now and notice how it feels when you do that. Check the statement again, "I'm really bad with money."

What often comes up for people is something from the past, some painful experience or really big mistake they made around money that's supporting this belief and this panic and stress response whenever they go sit down with their finances. This is what I call the "financial trauma".

If you have something in your past that really affected your money situation, maybe it was a bankruptcy or a divorce or a business deal that went wrong or maybe just a really big mistake that you made about money or about your debt... Then your carrying around extra stress and pressure and limiting beliefs going into your finances. That is something we absolutely want to use tapping to clear.

To do the next step, I want you to really tune into that, something that happened to you in the past that really took its toll around money that your still blaming yourself for. And we're actually going to do a round of tapping on that. This is called a financial trauma.

Tapping again on the karate chop point:

Even though I'm really bad with money
 And I have all this evidence as to why,
 I accept all my feelings about this.

Even though I'm carrying around this story
 And it proves how bad I am with money,
 I accept all of me anyway.

Even though I'm carrying around this old story
And I was a failure in it around money,
I accept all of me.

EYEBROW POINT: This old story,
SIDE OF THE EYE: boy am I really blaming myself.
UNDER THE EYE: boy did I make a huge mistake around money.
UNDER THE NOSE: I was an idiot,
CHIN POINT: and it really cost me.
COLLAR BONE: No wonder I hate dealing with finances.
TOP OF THE HEAD: I really pay the price

EYEBROW POINT: This huge mistake about money.
SIDE OF THE EYE: I should've known better.
UNDER THE EYE: I should've done better
UNDER THE NOSE: I'm a failure at finances.
CHIN POINT: It's really important to remember this story.
COLLAR BONE: It's really motivating me.
TOP OF THE HEAD: This old story about money.

Take a nice, deep breath.

You might notice that we actually turned the emotion up a little bit connected to that old story, but this is an important one to continue tapping on. So if the feelings are still very high or if they've gotten higher for you because I've stirred this up, you want to do some more tapping. Rewind the video and tap on that again because this is the evidence your holding onto and this is why your fight or flight is getting triggered every time you sit down to do your finances.

The reality is... If you are not a good money manager right now, what you need to do is commit to grow yourself into an empowered money manager. That's what your business needs you to do, and that's what you need you to do in your personal finances as well.

So let's do a positive round on where we want to go with being an empowered money manager. Because when you want to make double or triple your money, you need to prove to the universe that you can handle it. When you're walking around saying, "I'm really bad with money," what you're really saying to the universe is, "Don't give me more money, I can't handle it."

Let's tap again on this really important issue.

Tapping again on the karate chop point:

Even though I've been a bad money manager in the past,
I'm open to letting that go.

Even though I've never been a good money manager,
I commit to growing myself into an empowered money manager.

Even though I've been saying over and over
That I'm really bad with money,
I'm open to growing myself into a fully empowered money manager.

EYEBROW POINT: I've managed it badly in the past.
SIDE OF THE EYE: That's okay
UNDER THE EYE: I am now open
UNDER THE NOSE: and allowing
CHIN POINT: resources to appear in my life
COLLAR BONE: that help me in this process.
TOP OF THE HEAD: and I commit to growing myself

EYEBROW POINT: into an empowered money manager.
SIDE OF THE EYE: I'm open to resources appearing
UNDER THE EYE: experts, books, people, circumstances,
UNDER THE NOSE: anything I need
CHIN POINT: showing up to support me
COLLAR BONE: because I'm showing the universe
TOP OF THE HEAD: I can handle a lot of money.

EYEBROW POINT: It's okay to send me more money
SIDE OF THE EYE: because I can handle it now.
UNDER THE EYE: I commit to taking action.
UNDER THE NOSE: I commit to growing myself
CHIN POINT: into a million dollar money manager.
COLLAR BONE: I love managing my money well.
TOP OF THE HEAD: And I'm open to managing millions.

Take a nice, deep breath.

Doesn't that feel better than beating yourself up?

In my program, Secret of Intentional Wealth, <http://secretofintentionalwealth.com>, I walk you through processes just like these to show you how to get to all the biggest blocks I've found to getting more wealth and more success in your life. I hope you've enjoyed this free video and I'll see you on the next one.